

Miyagi Disaster Mental Health Care Center activities are carried out supported by the following six projects.

Each bulletin mainly reports on one of the following projects.



Resident support

Consultation and support aimed at preventing mental illness and improving mental health in victims of disasters

Consultation and support activities for victims (interview consultation, telephone consultation)
Planning and managing events for residents of affected areas

Support for supporters

Support maintaining supporters' own health and mental health activities, for government personnel and temps

Sending professionals to municipal governments
Consultation, supervision, and participation in case meetings
Establishing mental health services for supporters
Support with clerical work

Raising public awareness

Public awareness and information about mental health

Workshops and lectures for ordinary residents
Salon activities for residents of affected areas
Making and distributing pamphlets for public awareness
Distributing information through PR brochures, website, etc.

Human resource development

Spreading information and training for mental health professionals and supporters

Training related to post-disaster mental health
Training in support skills
Case meetings
Social gatherings for disaster mental health care

Research

Investigations and research to understand the circumstances of affected areas and victims

Support for various activities

Cooperation with support groups Sponsorship and backing aimed at supporting activities